

**RESOLUTION CELEBRATING 20 YEARS OF E
SPORTS AND ORTHO PHYSICAL THERAPY**

WHEREAS, Sports and Ortho Physical Therapy, a woman-owned business providing one-on-one physical therapy, is celebrating 20 years of service to the Chicagoland area; and

WHEREAS, The City Council has been informed of this milestone by the honorable Samantha Nugent, Alderman of the 49th Ward, and the honorable Nicole T. Lee, Alderman of the 11th Ward; and

WHEREAS, Sports and Ortho Physical Therapy was founded by Dahlia Fahmy with the goal of giving her patients the type of care she felt was lacking in the physical therapy world; and

WHEREAS, After graduating from McGill University in Montreal with a Bachelor's degree in Physical Therapy, Dahlia focused on perfecting her skills in Orthopedics and Sports Medicine and has taken several courses in Manual Therapy, has completed her Manual Therapy Certification through St. Augustine University, and has finished her level 1 dry needling certification; in 2012 she became a Fellow of Applied Functional Science, a title held by fewer than 300 therapists in the world, making her a Movement Specialist and expert on biomechanics, allowing her to find the root of the problem, not just treat the symptoms; and

WHEREAS, In her years of practice, Dahlia has worked with college football, hockey, and soccer teams as well as semi-pro football teams; and

WHEREAS, As a dedicated clinician, Dahlia is determined to help every patient see results, feel good about their care, and return to their normal lives as quickly as possible – as the owner of the practice, she has made it her mission to surround herself with the best, highly trained, and most caring therapists possible; and

WHEREAS, For the past 20 years, Sports and Ortho Physical Therapy has been a leader in providing quality and patient-centered physical therapy and has helped Chicagoans of all ages with safe and health pain relief and recovery; now, therefore

BE IT RESOLVED, That we, the Mayor and members of the City Council of the City of Chicago, do hereby thank Sports and Ortho Physical Therapy for their commitment to caring for and improving the lives of Chicagoans, and congratulate them on 20 years of success; and

BE IT FURTHER RESOLVED, That a suitable copy of this resolution be presented to Sports and Ortho Physical Therapy as a token of our thanks.

SAMANTHA NUGENT
Alderman, 49th Ward

NICOLE T. LEE
Alderman, 11th Ward